

Prevention: THE KEY TO LONGEVITY

**"60-85% of all cancer can be prevented through lifestyle."
- Dr. Barry Levin, Texas Cancer Research Institute**

The good news is these two devastating diseases can easily be avoided by making sure your entire body works correctly. This is accomplished by staying under regular life-long Upper Cervical Care. The key is starting EARLY.

What is the most logical thing to do: find the cause of these diseases early or wait until the symptoms develop? Are you waiting for symptoms to develop in your loved ones or are you going to get them checked early to prevent premature death and disease?

Tell your friends and family about Upper Cervical Care so they can learn how to prevent heart disease and cancer, not to mention thousands of other health problems. If you don't tell them, who will?

Quit reading this and schedule your family a time to get checked!

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Preventing Cancer And Heart Disease

Is Your Family
At Risk?

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Cancer and Heart Disease can be detected years in advance...and be prevented



CANCER

FACT: Approximately 1 out of every 3 people die from cancer.

In 1972, President Richard Nixon promised the nation a cure for cancer. Since that time cancer rates have more than quadrupled. A cure for any disease is still yet to be found with drugs. Trillions of dollars have been given to researchers and doctors yet still the disease continues to flourish. The fact is, finding a "cure" would destroy a trillion dollar business. There is no cure for cancer, but fortunately cancer is one of the most preventable diseases known to man.

Every person, babies included, have cancerous cells in their body. A properly functioning body will recognize the cancer cells and destroy them. This is the purpose of our immune system.

"Everyone has between 100 to 10,000 cancer cells floating in their body at all times. If the immune system is strong, they are destroyed before any damage is done. However, new cancer cells develop every day, so you must keep your immune system in top condition. If it weakens too much, that's when cancer can establish itself."

-Dr. Michael Williams, Professor, Northwestern Medical School

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HEART DISEASE

FACT: Approximately 1 out of every 2 people die from a heart attack or stroke.

Cancer may be our #1 fear, but heart disease is our #1 problem. Heart disease has been the #1 killer in the U.S. for years. Heart disease is a slow and quiet killer. It usually starts at a very young age, affecting one small valve or vessel. Given time, this leads to ultimate destruction. In most cases the first sign of a heart problem is an actual heart attack. The majority of these heart attacks are fatal.

EARLY WARNING SIGNS

Research states that a poorly functioning immune system is the cause of cancer. If you or your family have a tendency to get allergies, asthma, colds, flues or infections, your chances of getting cancer are much higher because these symptoms are signs of a weak immune system.

Joint, neck, and back pain, headaches, fatigue and tension are all early warning signs of heart disease caused by improper blood flow in the heart and brain.

